## 1998 New Jersey Managed Health Care Plans New Jersey Consumer Bill of Rights

Members of HMOs and POS plans, or any health plan that manages the use of services through provider networks, have important consumer rights including:

- The right to have a doctor not an administrator make the decision to deny or limit coverage
- The right to appeal a decision to deny or limit coverage, first within the managed care plan, then through an independent organization for a \$25 filing fee (reduced to \$2 for hardship) See page 20 for details.
- The right to no "gag rules." Doctors are allowed to discuss all treatment options even if they are not covered services.
- The right to receive up to 120 days of continued coverage if medically necessary from a doctor who has been terminated by a managed care plan
- The right to know how your managed care plan pays its doctors so you know if financial incentives or disincentives are tied to medical decisions
- The right to obtain a current directory of doctors within the network
- The right to have a choice of specialists following a referral
- The right of consumers with chronic disabilities to be referred to specialists who are experienced treating those disabilities
- The right to access a primary care provider or a back-up 24 hours a day, 365 days a year for urgent care
- The right to call 911 in a potentially life-threatening situation without prior approval from your managed care plan
- The right to have a plan pay for a medical screening exam in the emergency room to determine whether an emergency medical condition exists
- The right to no retaliation against you or your doctor for filing appeals